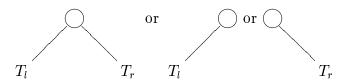
PROPOSITION 7.2 Let T be a nonempty AVL tree with n nodes and height h.

1.
$$n > 2^{\frac{h}{2}-1}$$

2.
$$h < 2\log(n) + 2$$

Proof

1. We prove this proposition by structural induction on T. The base case, where T consists of a single node, is trivial (h=0 and n=1). Next we consider the induction step. The AVL tree T is either of the form



We only consider the first case. The other two cases can be handled similarly. Since the subtrees T_l and T_r are smaller than T, by the induction hypothesis the claim holds for these subtrees. Assume that the subtree T_l (T_r) has n_l (n_r) nodes and height h_l (h_r) . Because T has the height-balance property, we have that

- T_l and T_r both have height h-1, or
- T_l has height h-1 and T_r has height h-2, or
- T_l has height h-2 and T_r has height h-1.

We only consider the last case. The others can be proved similarly.

$$\begin{array}{lll} n & = & n_l + n_r + 1 \\ & > & 2^{\frac{h_l}{2} - 1} + 2^{\frac{h_r}{2} - 1} + 1 \quad [\text{induction}] \\ & = & 2^{\frac{h-2}{2} - 1} + 2^{\frac{h-1}{2} - 1} + 1 \quad [h_l = h - 2 \text{ and } h_r = h - 1] \\ & > & 2 \cdot 2^{\frac{h-2}{2} - 1} \\ & = & 2^{\frac{h-2}{2}} \\ & = & 2^{\frac{h}{2} - 1}. \end{array}$$

2. According to 1.,

$$n > 2^{\frac{h}{2} - 1}$$

$$\Rightarrow \log(n) > \frac{h}{2} - 1$$

$$\Rightarrow h < 2\log(n) + 2.$$